

PYMBLE CATHOLIC PARISH

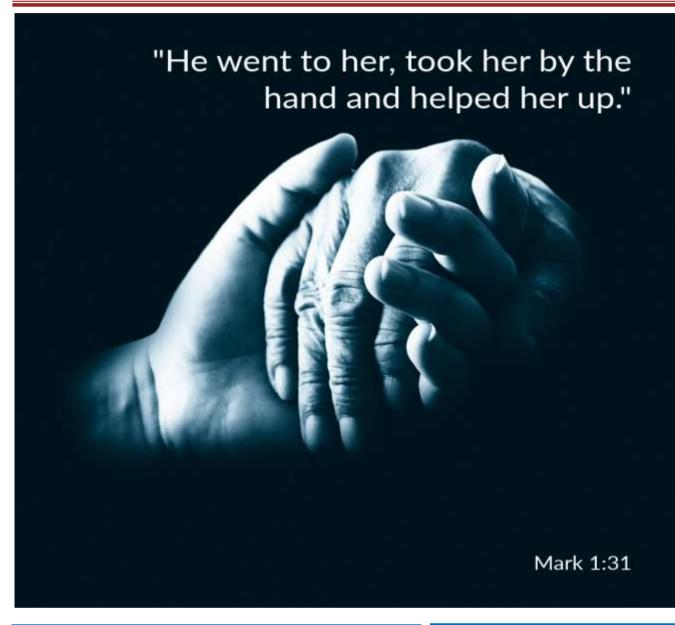
SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR

Building a Christ-centred community of Love and Mercy

Pymble Parish is under the Pastoral care of the Salvatorian Fathers

CELEBRATING YEAR OF PRAYER





PRAYER FOR STRENGTH AND HEALING

Almighty Lord,

I look up to you for strength and healing
Shine your face on me and fill me with your
life-giving powers. Calm my fears and bring
comfort and peace to my body.

I trust and know that Jesus carried my sickness and my sins on the cross. So by the power of the blood, I decree and declare that any sickness in my body be gone. I rebuke and cast out any diseases and infections in my body. I lose myself from every infirmity and weakened immune system.

Let your divine healing flow into every cell of my body. Let it flow through my veins and my blood.

Lord, I believe in your healing power and I believe that by touching the hem of your garment, I've received my healing through the blood of Jesus Christ,

Miller

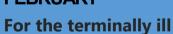
THE GRACEFUL CHAPTER

We welcome to Pymble Parish the newest members of our community

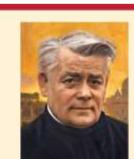
Noah & Sienna

who will baptised this weekend at our Parish.

POPE FRANCIS' PRAYER INTENTION FOR FEBRUARY



We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.



Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis Mary of the Cross Jordan to be your apostle, to make God known and loved by all people everywhere, using all the means your love inspires. You filled him with universal apostolic zeal, with a deep trust in God's loving providence, with a profound spirit of prayer, with a sincere devotion to Mary, Mother of the Saviour, and with the courage to follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray to you for my special needs (include your personal intention). I make this prayer through you, my Saviour, who lives and reigns with the Father and the Holy Spirit, forever and ever. Amen.

www.sds.org.au

Baptisms at Pymble Parish

For enquiries please contact the Parish office on 9144 2702 or via email on office@pymblecatholicparish.org.au

Our upcoming Baptism Formation Class will be held on:

Monday, 12 February 2023 at 7pm Sacred Heart Church

Bookings are essential



A warm
welcome
to all our
Parishioners
who are
celebrating the
Eucharist with us this
weekend.

www.pymblecatholicparish.org.au

Parish Team

Pastoral care

Salvatorian Fathers

Parish Priest: Fr. Ireneusz Czech SDS **Email:** fr.irek@pymblecatholicparish.org.au

Youtube: youtube.com/@IreneuszCzech



Youtube QR code:

Parish Staff

Parish Secretary: Daniela Foote

Email: daniela@pymblecatholicparish.org.au

Assistant Secretary: Claudia Chen

Email: claudia@pymblecatholicparish.org.au Sacramental Coordinator: Melanie Benbow **Email:** melanie@pymblecatholicparish.org.au

CCD Coordinator: Michele Brack

Email: michele@pymblecatholicparish.org.au

Parish Mass Times

Sacred Heart

2 Richard Porter Way, Pymble NSW 2073

Weekdays:

Tuesday to Friday 9:00am

Rosary: Tuesday to Friday after morning Mass

Exposition of the Blessed Sacrament: Friday after morning Mass

Weekend:

Sunday: 9:30am and 6:00pm

Reconciliation:

Friday 8:45am

Sunday 5:30pm

Our Lady of Perpetual Succour

64 Kendall St, West Pymble, NSW, 2073

Weekend:

Saturday: 9:00 am

Saturday: 5:00 pm (Vigil Mass) Sunday: 8:00 am (Quiet Mass)

Reconciliation:

Saturdays 9:00 am

Contact details

Address: 2 Richard Porter Way, Pymble, NSW 2073 Postal address: PO BOX 231 Turramurra NSW 2074

Telephone: (02) 9144 2702

Email: office@pymblecatholicparish.org.au Website: www.pymblecatholicparish.org.au

Office hours: Monday to Thursday 8.30am to 4pm &

Friday 8.30am to 1pm

For information about Weddings please contact Daniela in the Parish Office.

For information about the sacraments of Baptism, Confirmation, Reconciliation and First Eucharist, please contact Melanie at melanie@pymblecatholicparish.org.au

Parish Primary Schools

Sacred Heart

Principal: Kerry Paxton **Telephone:** (02) 7256 2142 www.shpdbb.catholic.edu.au

Our Lady of Perpetual Succour

Principal: Jodi Jefferson **Telephone:** (02) 7256 2101 www.olpsdbb.catholic.edu.au



Do you have 30 minutes a week to teach children about the Word of God and how much He loves us?

We need catechists to support children in our five public schools with their faith formation.

Training, teacher manuals, colourful student workbooks and other resources are provided: no experience required.

If you are retired, at university, have flexible working arrangements or just seeking a way to give back to the community: please join us.

Our mission is for one catechist for one-year group.

Schools with catechist assignments across one or more year groups:

Gordon East Public School Tuesday: 9:15-9:45am

Gordon West Public School Tuesday: 12:30-1:00pm

Turramurra Public School Wednesday: 9:15-9:45am Wednesday: 9:55-10:25am

West Pymble Public School Wednesday: 1:15-1:50pm

Pymble Public School Wednesday: 1:40-2:10pm Wednesday: 2:15-2:45pm

Please consider joining this wonderful Ministry.

Contact Michele at 0409 651 637 or michele@pymblecatholicparish.org.au

Pymble Catholic Parish | 02 9144 2702



WHAT'S ON IN OUR PARISH THIS WEEK

Sunday, 4 February - Word of God Sunday Fifth Sunday in Ordinary Time

8:00am Mass at OLPS (Quiet Mass)
9:30am Mass at Sacred Heart (Children's

liturgy)

6:00pm Mass at Sacred Heart

Tuesday, 6 February
St Paul Miki and companions, martyrs
Memorial

9:00am Mass at Sacred Heart7:30pm Charismatic Prayer Group

Wednesday, 7 February

9:00am Mass at Sacred Heart

Thursday, 8 February
St Jerome Emiliani Optional
St Josephine Bakhita, virgin Optional

St Josephine Bakhita, virgin 9:00am Mass at Sacred Heart

The Rosary is recited after all weekday Masses

Friday, 9 February

9:00am

9:00am Mass at Sacred Heart with Adoration and Litany to the Sacred Heart of Jesus

Saturday, 10 February
St Scholastica, virgin
Memorial

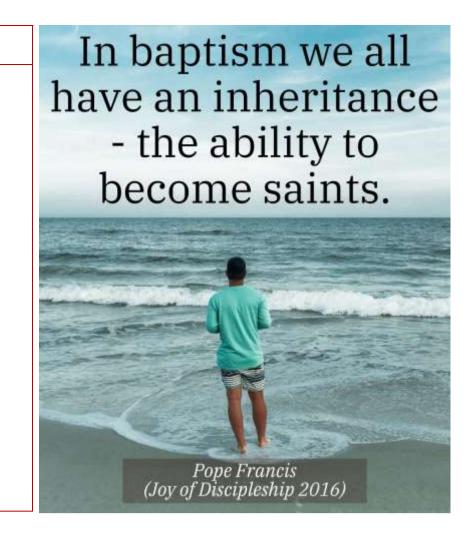
prayer (Breviary)

Mass at OLPS with morning

5:00pm Mass at OLPS

Sunday, 11 February Sixth Sunday in Ordinary Time World Day Prayer for the Sick Project Compassion

8:00am Mass at OLPS (Quiet Mass) 9:30am Mass at Sacred Heart 6:00pm Mass at Sacred Heart



Parish Prayer Zone

Praying for others gets our focus off ourselves and onto the needs of those around us. As we "carry each other's burdens," we "will fulfil the law of Christ" (Galatians 6:2). Praying for each other makes us stronger and helps us to grow our faith and Christian love.

Recently Deceased:

Phuong Dung Le, David Gardener, Sarinder Tamana, Frieda Nassar, Bruce Fisher, Desmond Buckley, Seema Shrestha Thapa, Vivienne Fernandes, Colleen Hussin, Charlotte Dos Remedios, David Tarrant, Anthony Dixon, Anne Seeto, Concetta Giaquinto

Death Anniversaries:

Trenna Scanlan, Orfeo Calacoci, Bambi Hontanosas, Antonio Canete, Nora LeguinPeter Goh, Kwong Tsui Tso, Jason Dias, Silvya Albert, Charles & Joan Bernie, erlinda Guyot & Elena Yu, Vicente Tan Snr & Rosario Tan, Veronica Schreuder, Les Cashman, Lydia Tan, Manuel Tan, Simeon Lagura, Catalina Lagura, Paula Freeman, M. V. Francis, Judith English, Ric Cashman, Desmond Buckley, Mina De Mello

Prayers for the sick:

Margaret Browne, Paul Lum, Danny Ung

Weekly prayer intention:

This week we pray that you bless each and every school with your spirit of grace and love as all the teachers and students return to school. We give thanks for your blessings to keep us all safe and healthy over the summer break. Amen.

If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.

Parish Safeguarding

Dear Parishioners,

We take our responsibility to safeguard the vulnerable, whether they be children, the young, the elderly or the disabled very seriously. We work to ensure that no one is taken advantage of within our Parish.

If you have any concern about the treatment of a child, young person or anyone within our parish environment, please approach myself directly or Daniela Foote within the parish office on 02 9144 2702.

Alternatively, you may wish to contact Ana Cosi, Safeguarding Manager (Chancery & Churches) on 02 8379 1651.

Yours in Christ,

Fr Ireneusz Czech SDS

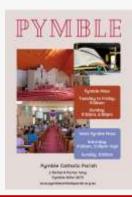




Thank You

You will have seen our new Parish postcards at the pews at both Churches. Please take some and feel free to distribute them to your friends and family.

We would like to thank Madonna and her company, Kwik Kopy for your support in printing these cards for us.





On January 21, 2024, Pope Francis announced the Year of Prayer. The Holy Father emphasized that the coming months will lead us to the opening of the Holy Door, which will inaugurate the entire celebrates the Jubilee of 2025.

"I am asking for increased prayer so that we can prepare to experience this event of grace and experience well the power of God's hope" - said the Pope.

As he indicated, the **Year of Prayer** will be devoted to the renewed hiding the great value and absolute need of prayer in life personal, in the life of the Church and prayer in the world.



The Father Chris Riley Youth Off The Streets meals program returns for 2024. Parish community volunteers provide home cooked frozen meals for the program.

Your frozen meal donations for February should be dropped off at the Parish office between **9am and 10am on Friday, 16 February 2024**. At 10am sharp, the meals will be transported to Youth Off The Streets. Frozen meal collections are scheduled for the third Friday of each month except January.

Meals are always needed. Can you help? If you would like to help by contributing some of your skills in preparing meals or to provide transport for the meals then please contact the Parish office.

Your contribution helps to feed needy homeless youth within the Youth Off The Streets program. Youth Off The Streets believes in young people. The program provides opportunities for disadvantaged youth to build a safe and stable future.

Thank you for your support.

Stijepo Gled Markos Concert

We were so blessed to have Stijepo Gled Markos visit Sacred Heart Church last weekend, who graced us in concert with his magnificent singing. His incredible voice was so uplifting, his testimony so inspirational. His performance attracted visitors from our Parish and beyond. Those who attended would have agreed it was a most spiritual and uplifting experience. It was a truly amazing performance by Stijepo.

We are so grateful that Stijepo was able to visit our Parish, and we would love for you to visit again.





PYMBLE PARISH UPCOMING EVENTS

Men's Fellowship Dinner at Greengate Hotel, Killara

16 February at 7pm.

We'll gather at the Greengate Hotel in Killara.

Order your own meal and beverages.

Please RSVP to the Parish Office if you would like to attend.

Parish Golf Day - Save the Date 15 March

Mark your calendars for the Parish Golf Day now confirmed for 15 March. The event is expected to follow a similar format to last year. We will provide further details in due course.

Children's Liturgy at Pymble Parish

Children are welcome to join us at our Children's liturgies at both of our Churches. Children's Liturgy is a great way to engage and nourish the children of our Parish with God's Word. The dates for Term 1 are as follows:

Sacred Heart Sunday 9:30am Mass	OLPS
4 February, 18 February 3 March, 17 March	To be confirmed

SPEND TIME WITH OUR LORD Adoration of the Blessed Sacrament

The Divine Mercy Chapel is on the right side of our church at Sacred Heart. We would like to invite those in our Parish who wish to come to adore our Lord Jesus present in the Blessed Sacrament.

If you wish to be part of this, please let the office know and we will place your name on the roster. The available timeslots are listed below. We can have up to four people at any time. Please contact the Parish Office if you need further information.

Jo

3pm - 4pm



Friday Roster for the Adoration of the Blessed Sacrament

8am - 8:45am	Peter	4pm - 5pm	Paulette
10am - 11am	Lynette	5pm - 6pm	Cindy, Marie
11am - 12pm		6pm - 7pm	Eric
12pm - 1pm	Collette	7pm - 8pm	Elzbieta
1pm - 2pm	Gerry & Carmen	8pm - 9pm	Paul, Rod
2pm - 3pm			

"I encourage Christians to visit Christ present in the Blessed Sacrament regularly, for we are all called to abide in the presence of God."

- St. John Paul II



Many public places have accessible defibrillators, but not our churches.

After more than one parish incident, we are **seeking donations** to raise funds for a defibrillator in the Pymble and West Pymble churches.

A defibrillator, or AED, or Automated External Defibrillator, is a portable device that automatically diagnoses heart conditions and is able to apply corrective defibrillation. The defibrillator provides simple audio and visual instruction to allow any layperson to use the device.

- Over 33,000 experience out of hospital cardiac arrest in Australia annually. Less than 9% will survive. Every minute that passes without help after cardiac arrest decreases the chance of survival. Quick action may save a life.
- Anyone can use a defibrillator and start CPR to try and save someone in cardiac arrest.
- You cannot hurt someone using a defibrillator.
- The total project cost to provide one unit in each church is \$5,100.



Please help support this important initiative by donating via the link or QR code



PYMBLE CATHOLIC PARISH | 02 9144 2702



St. John Paul II Pilgrimage 16-Day Journey with Father Mariusz

Embark on a transformative pilgrimage to Portugal, Spain, and France with Fr. Mariusz Adamczyk SDS.

Key Details:

- Departure: Thursday, May 16, 2024
- Return: Friday, May 31, 2024

Highlights:

- Explore Lisbon, Santarem, and Fatima in Portugal.
- Immerse yourself in the spiritual ambiance of Salamanca, Alba de Tormes, Avila, Burgos and Garabandal in Spain.
- Experience the sacred sites of Lourdes in France.

Tour Includes:

- Round-trip airfare
- One-way flight Toulouse / Paris
- 13 nights in centrally located 3/4-star hotels (or similar)
- Daily continental breakfast; 12 dinners
- English-speaking tour escort and local guides
- Entrance fees to key sites
- Deluxe fully equipped motorcoach
- Porterage at hotels (1 large suitcase per person)
- Tips for guide and driver
- All city taxes, airport taxes, and fuel surcharges

Cost:

To be confirmed

Exclusions:

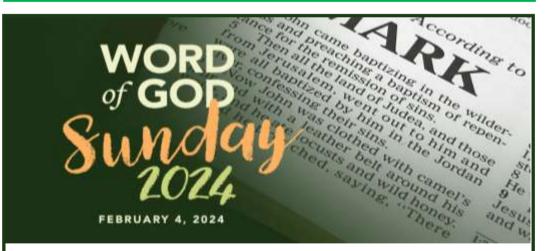
- Personal expenses
- Beverages with outside meals
- Items of a personal nature
- Drinks taken with meals
- Compulsory travel insurance

For inquiries and reservations, please contact Francis Williams, Travel Coordinator:

Phone: 0404 893 877

Email: perthfamily888@gmail.com

Join Fr. Mariusz on this meaningful journey of faith and discovery. Limited spots available, book by mid February.



The Church in Australia celebrates the Sunday of the Word of God on the first Sunday in February – February 4 in 2024. Pope Francis established the day, which is devoted to "the celebration, study and dissemination" of the Word of God.

Pope Francis describes as "the great challenge before us in life: to listen to Sacred Scripture and then to practice mercy". God's Word, writes Pope Francis, "has the power to open our eyes and to enable us to renounce a stifling and barren individualism and instead to embark on a new path of sharing and solidarity".

Visit <u>www.catholic.org.au/wordofgodsunday</u> to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.



Liturgy of the Word Fifth Sunday in Ordinary Time

Entrance Antiphon Psalm 94:6-7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

First Reading Job 7:1-4. 6-7

A reading from the book of Job

Job began to speak:

Is not man's life on earth nothing more than pressed service,

his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have
passed,

and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy

Responsorial Psalm Ps 146:1-6. R. v.3

(R.) Praise the Lord who heals the broken hearted.

- 1. Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. (R.)
- The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. (R.)
- Our Lord is great and almighty;
 his wisdom can never be measured.
 The Lord raises the lowly;
 he humbles the wicked to the dust. (R.)

Second Reading 1 Corinthians 9:16-19. 22-23

A reading from the letter of St Paul to the Corinthians prayer. Jerome, an early church bible scholar and translator (c. 347-420), reflects on this

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

us. If we are unable to seize his hand, let us prostrate ourselves at his feet. If we are unable to reach his head, let us wash his feet with our tears. Our repentance is the perfume of the Savior. See how costly is the compassion of the Savior."

Gospel Acclamation Matthew 8:17

Alleluia, alleluia! He bore our sickness, and endured our suffering. Alleluia!

Gospel Mark 1:29-39

A reading from the holy Gospel according to Mark

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

Gospel Reflection

Meditation: Who do you take your troubles to? Jesus' disciples freely brought their troubles to him because they found him ready and able to deal with any difficulty, affliction, or sickness which they encountered. When Simon brought Jesus to his home, his mother-in-law was instantly healed because Jesus heard Simon's prayer. Jerome, an early church bible scholar and translator (c. 347-420), reflects on this passage:

"Can you imagine Jesus standing before your bed and you continue sleeping? It is absurd that you would remain in bed in his presence. Where is Jesus? He is already here offering himself to us. 'In the middle,' he says, 'among you he stands, whom you do not recognize' (Cf. John 1:26) 'The kingdom of God is in your midst' (Mark 1:15). Faith beholds Jesus among us. If we are unable to seize his hand, let us prostrate ourselves at his feet. If we are unable to reach his head, let us wash his feet with our tears. Our repentance is the perfume of the Savior. See how costly is the compassion of the Savior."

Do you allow Jesus to be the Lord and healer in your personal life, family, and community? Approach the Lord with expectant faith. God's healing power restores us not only to health but to active service and care of others. There is no trouble he does not want to help us with and there is no bondage he can't set us free from. Do you take your troubles to him with expectant faith that he will help you?

Lord Jesus Christ, you have all power to heal and to deliver from harm. There is no trouble nor bondage you cannot overcome. Set me free to serve you joyfully and to love and serve others generously. May nothing hinder me from giving myself wholly to you and to your service.

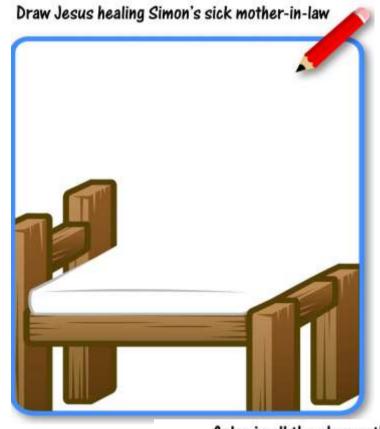
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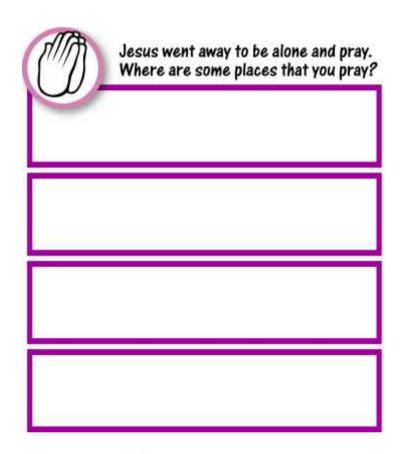
Please scan the QR Code To watch Father Irek's Homily for this Sunday



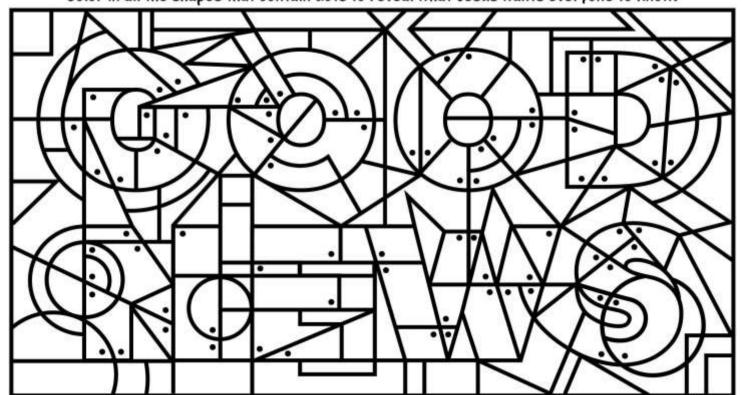
Pymble Parish Roster 10/11 February 2024				
Sacred Heart (Pymble)	Sunday 9.30am	Sunday 6.oopm		
Acolytes	J Walton	T McLeod		
Altar Servers	L Bowe R Dunne	L Ng W Ng		
Music				
Projector				
Readers	M Dias	N Saber		
Altar Society	10 February: Susan / Beth			
Counters	11 February: P Ward / T Ryan / T Scanlan			
OLPS (West Pymble)	Saturday 5.00pm	Sunday 8.ooam		
Acolytes	J Pease	M D'Silva		
Altar Servers	E & Z Victor	D'Silva family		
Readers	G Lynch	R Millane		
Music and Projector		QUIET MASS		
Altar Cloth	10 February: A Glover			

Children's Corner





Color in all the shapes that contain dots to reveal what Jesus wants everyone to know.





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Renew your homes appearance. A professional 'soft wash' removal of mould, surface and ingrained grime and cobwebs from all exterior surfaces.

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Bathrooms-Decks-Pergolas

For all carpentry needs, call Paul on 0411 393 183 email: info@krggroup.com.au

Lic No: 290071C Ku-ring-Gai Projects









Contact the Parish Office 02 9144 2702 office@pymblecatholicparish.org.au



Do you have a question about the

answer straight away.

Catholic faith? Go to catholic.com and type in your question. You will have the